



# Neighbors Helping Neighbors

Winter 2009

Dear Friends:


Seasons greetings to each of you. Even though we at Meals on Wheels are very grateful for our volunteers and donors throughout the entire year, we pause to say ‘Thank You’ at this special holiday season. Through your faithfulness, countless meals have been provided to the elderly and disabled that Meals on Wheels serves. Without the generosity of many individuals, churches, businesses, and foundations, the homebound elderly and disabled would suffer.

Many non-profits have expressed concern for the ability to continue serving those in need because of the recent downturn in the economy, and Meals on Wheels is no exception to these concerns. We have seen a decrease in donations and just received a letter from a longtime supporter that they would not be funding our agency this year. With that devastating loss and an already expected financial deficit for our fiscal year, our Board of Directors realized that Meals on Wheels must look at its model of operation. It is with regret, but with a feeling of necessity that we will now request a suggested minimum donation of \$30 per month from our recipients. Throughout its 33 years of existence, Meals on Wheels has provided information to our recipients that we will gladly accept donations, but we now feel it necessary to request \$30 per month to cover a portion of the cost of providing these daily meals. In addition, we will ask for a \$30 donation for all referrals that are requesting service from our agency.

Please understand that we will continue our mission of delivering nutritious meals to individuals in need, and those recipients with no ability to make a donation will continue to be served. And, we ask that you, our faithful supporters, continue to support our program as you always have. It will take the generosity of all to sustain our program.

May you have a wonderful, blessed holiday season.

Laurie H. Ashley  
Executive Director



Let *Casseroles to Go* put your mind at ease! We take care of the shopping and cooking providing you with a hot and delicious table ready meal. Just call 222-6624 to hear the weekly casserole selection then press 0 to place your order! Hot casseroles are available for pick up on Tuesday and Thursday from 3 p.m. to 6 p.m. and must be **preordered** by 12 p.m. on the day of pick up.

*Number of Meals Delivered July—November 2009 = 75,860*  
*Cost of Meals July—November 2009 = \$223,028*



Our heartfelt thanks go out to Interim Healthcare for their very generous holiday donation. Thanks Interim for all you do throughout the year to support our program!

Pictured above: Laurie Ashley, MOW Executive Director; Shannon Pierce, Interim Community Advance Team; Cheryl Banister, Dir. Health Care Serv. II; Crystal B. Phillips, MOW Exec. Assistant



We're pleased to announce the receipt of a \$1,000 grant from Subaru of America, Inc., and Meals on Wheels Association of America as part of Subaru's "Share the Love" campaign. This grant will help us continue to serve nutritious meals to seniors in need during the month of December 2009.

Visit Fairway Subaru during the month of December to register to win two tickets to a 2010 Upstate Meals on Wheels fundraising event when you test drive any Subaru vehicle.



Thank you to the many volunteers and participants who helped make the Grace Episcopal Church annual BBQ such a huge success. As a result of everyone's hard work and dedication, Meals on Wheels received approximately \$9,200 to help feed our 673 recipients!



Thank you Fuddruckers for recently sponsoring the Meals on Wheels night. We truly appreciate your dedication to our program!



Thanks to the Food Lion Charitable Foundation for their recent gift of \$2,500 to help provide meals to the elderly and disabled of Anderson County. This gift will provide 850 meals to our recipients!



### Cruizer's Memorial Ride

Meals on Wheels thanks Cruizer's and the following families for all of their hard work and dedication in making this annual ride such a success. We truly appreciate all of the support!

Dewayne "Bubba" Scruggs, Knucklehead Fred, Weasel, Phillip Tiller, Little Travis, Larry & Susan Weldon

### "A Doggone Good Idea"

Thank you to Magnolia's Assisted Living for hosting a hotdog luncheon to benefit Meals on Wheels. This benefit resulted in a \$1,000 donation! We truly appreciate all of the staff's hard work as well as the residents who chipped in to make this fundraiser such a success!



## Fall Spaghetti Fundraiser a Huge Success!



Thanks to all of our volunteers, patrons, and sponsors who helped make this year's Fall Spaghetti Fundraiser such a huge success. Approximately \$5,000 was raised as a result of everyone's hard work!

*Contributors: Anderson Independent, Carlee's Restaurant, Shelli Charles, Bev Engley, Elaine Epstein, Elizabeth Ford, Pat Funchess, Ann Heard, Kim Holmquist, Carole Hurley, Hooter's of Anderson, Interim Healthcare, Maggie King, Longhorn Steakhouse, Main St. Deli, Matty's Downtown, McDonald's, Edna Moore, Holly Nance, Panera Bread, Nancy Pebbles, Jerry Phillips, Jan Playford, Beth Propp, Vann Roberts, Sandy Sharpe, Robert Spake, The Sweetery, Wendy's of Belton*

## Oyster Roast Raises \$20,000!

This year's Oyster Roast was a huge success raising \$20,000 to help us provide meals for our elderly and disabled recipients. Everyone enjoyed a beautiful fall evening filled with music, laughter and plenty of food. Thanks to all of our volunteers who made this evening such a success. Also thank you to the following donors who made this event possible:



*OmniSource Southeast, Fairway Outdoor Advertising, Glen Raven, Wachovia, Carolina Beer, Interim Healthcare, First Citizens Bank, Lakeside Metals, Lakeside Sheet & Structural, The Printer, Bank of Anderson, Draisen Edwards Music Center, Grady's, Inc., GrandSouth Bank, McDonald, Cox & Klugh, Inc., Newman's Siding, Ralph Hayes Toyota, Anderson County, Anderson Independent Mail, Ronnie Cole Law Firm, MSW Security, Penske Truck Rentals, Sunbelt Rentals, Upstate Coca Cola*

***A very special 'Thank You' to Jone Blanding for giving so freely of his time to prepare the delicious BBQ!***



## First Annual Parade of Fashion Benefits Meals on Wheels!

Master Sergeant Harry Simpson, USAF Retired, with Caramel Gospel Music, presents a check to Laurie H. Ashley, Executive Director of MOW, in honor of the First Annual Parade of Fashion.

## THANK YOU to our Donors! (July—November 2009)

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### Welcome New Volunteers!

Fred Agard, Dale & Carolyn Ankermler, Jean Bowyer, Byron Brown, Julia Burton, Frank Clark, Billy Daniel, Cindy Daniel, Dwight Edwards, Mohammed Elgazar, Judy & Roger Estep, David & Emily Greene, Randy Greenway, Barbara Harrison, Janis Hopkins, Bill & Wanda Huggins, Diane Hunter, Gary R. Johnson, Renee Jones, Shelby Jones, Alma Kessler, Peggy Lollis, Warren Lutz, Fred Massey, Janelle Merritt, Holly Nance, Palmetto Insurance Associates, LLC, Dave & Sue Rasche, Diane Redding, Gerald Rice, Shirley Rice, Rebecca Richardson, Elizabeth Roberts, Teresa Scott, Richard Sneed, Richard Speer, Karen Steele, Tom Strall, Sydney Street, Debbie Sullivan, Christine Whitfield, Rachel Whitfield, and Sandra Williamson

### Thank You for Shelf Stable Meals!

Many thanks to everyone who has donated shelf stable meals to our program over the past couple of months. These meals will insure our recipients do not go hungry during inclement weather when our drivers are unable to make deliveries.

Haven't had a chance to donate? Donations are still being accepted! Meal packages are packed in individual gallon size Ziploc bags and contain: Canned soup (not condensed), crackers, granola bar, juice, box of raisins, and canned fruit.

### New Year's Resolution

Looking for help keeping that New Year's resolution of getting into shape? We have the perfect solution! Try Lilia Day Spa located at 116 E. Benson St. (on the Square) in Anderson. Lilia Day Spa will donate 10% back to Meals on Wheels when you mention us during the month of January 2010.



Visit us on Facebook!  
[www.facebook.com](http://www.facebook.com)  
Anderson County Meals on Wheels

*We make every effort to acknowledge and list all donors. Please contact Crystal Phillips at [crystal@acmow.org](mailto:crystal@acmow.org) or 225-6800 if we've made a mistake or omission. Thank you!*

## UPCOMING EVENTS



Join us for *Mardi Gras in the Electric City* on Friday, February 26, 2010, at 7 p.m. at the Anderson Civic Center. The evening will be filled with ‘tastings’ from local restaurants, music by *The Back 9* from Spartanburg, and a silent auction. Tickets are \$30 each and available at the Meals on Wheels Center or by calling 864-225-6800.

### Semi-Annual Spaghetti Fundraiser

@ Meals on Wheels Center, 105 S. Fant St., Anderson  
Thursday, March 25, 2010



Lunch 11:30—2:00  
Dinner 5:00—7:30



Tickets \$7 (adult) \$4 (children under 12)  
Meal includes spaghetti, bread, salad, dessert & tea  
Lunch delivery to locations order 10 meals or more!  
Call 225-6800 for more information

Help Meals on Wheels go ‘green’ by receiving our newsletter electronically! Send an e-mail to [crystal@acmow.org](mailto:crystal@acmow.org) with “E Newsletter” in the subject line.

Be sure to include your full name and address in the body of your e-mail so we can remove you from our paper mailing list.



### Special Thanks!

Thank you to the following organizations for giving so graciously of their time and resources to deliver Thanksgiving meals to our recipients who live in their areas:

Belton Church of God, Belton First Baptist, Belton Pentecostal, Belton Presbyterian, Belton Second Baptist, Bethlehem AME, Cedar Grove Baptist (Trail Rd.), Calvary Baptist, Cedar Grove Baptist (Hwy. 20), Dorchester Baptist, Eastview Baptist, Homeland Park Fire Department, Latimer Memorial Methodist, Macedonia Baptist Church, Mt. Zion Baptist, Neal’s Creek Baptist, New Hope Baptist, New Hopewell Baptist, New Jerusalem Baptist, Pleasant Hill Baptist, Pleasant View Wesleyan, Shady Grove Baptist, Trinity United Methodist (Honea Path) Welfare Baptist.



105 S. Fant St.  
 PO Box 285  
 Anderson, SC 29622

Phone: 864-225-6800  
 Fax: 864-222-6691  
 E-mail: info@acmow.org

If you wish to be removed from our mailing list, please contact Crystal at 225-6800 or crystal@acmow.org. Thank you!



**Our office will be closed for Christmas and New Years as follows:**

**December 24 & December 25, 2009  
 January 1, 2010**

**Have a Happy and Safe Holiday!**

**Needs List**

Meals on Wheels Needs List consists of items that are used frequently within the office and kitchen. Your donation of any of the items listed below will help defray costs of our operation.

**Kitchen Supplies**

- Laundry Detergent
- Bleach
- Stainless Steel Pot Scrubbers
- Dish Cloths & Towels
- Aprons
- Rubber Gloves
- Towels

**Office Supplies**

- First Class Stamps
- Black or Red Pens
- Staples
- Colored & White Paper

Meals on Wheels is in need of **substitute route drivers**. If you are not able to commit to driving on a weekly basis, please consider being a substitute driver. If you are interested, please contact Cindy Culbertson, Service Coordinator, 225-6800.

**Mission Statement**

The purpose of Anderson County Meals on Wheels is to deliver nutritious meals to individuals in need and to build community awareness and support to meet that need.

**Recipient Eligibility**

Have a neighbor, friend, or relative who lives alone and is finding it difficult to make meals for themselves due to health, age or a disability? Anderson County Meals on Wheels is here to help. Check our website for additional information, [www.ACMOW.org](http://www.ACMOW.org). or contact our office.

Meals on Wheels is looking for groups and/or businesses who want to get involved. Please contact us! 225-6800

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